



Cardiovascular Disease in Women Symposium

November 1, 2025

UVA Student Health & Wellness

Hosted by: Women's Heart Care Program
and UVA Heart & Vascular Center

PROGRAM OVERVIEW

This educational program addresses critical gaps in clinician awareness and training regarding sex-specific differences in cardiovascular disease, such as SCAD, CMD, and hypertensive disorders of pregnancy. It aims to improve the application of guideline-directed therapies and increase the representation of women in cardiovascular clinical trials, thus enhancing evidence-based care. The program provides education on emerging diagnostic tools, risk stratification, and management strategies tailored to women's cardiovascular health. It also highlights systemic barriers and advocates for multidisciplinary care models to optimize outcomes. The activity is designed to enhance clinicians' understanding of sex-specific cardiovascular pathophysiology, improve their use of contemporary risk assessment tools, and encourage team-based care strategies. Additionally, it promotes increased participation of women in cardiovascular research.

DESIRED OUTCOMES

At the end of the educational activity, learners will be able to:

- Recognize the unique cardiovascular challenges faced by women across different life stages, from pregnancy to advanced age.
- Analyze sex-specific differences in IHD pathophysiology and diagnostic testing, highlighting its unique phenotypes and conditions more commonly seen in women.
- Evaluate the significance of gender-specific considerations in the management of valvular disorders and aortopathies.
- Develop strategies for promoting comprehensive women's cardiovascular health, encompassing prevention, early detection, and tailored treatment approaches.

TARGETED AUDIENCE

This program is designed for health care professionals including community-based and academic physicians, advanced practice providers, nurses, and trainees.

PROGRAM AGENDA

Morning Sessions

Time	Session	Speaker/Moderators
7:30AM-8:30AM	Registration/Visit Exhibitors/Breakfast(Provided)	
8:30AM-8:35AM	Welcome	Patricia Rodriguez-Lozano, MD, MS Director of the Women's Heart Care Program
8:35AM-8:50AM	Keynote: Patient Testimonials (SCAD-ANOCA)	Patricia Rodriguez-Lozano, MD, MS
SESSION ONE: Prevention Women's Cardiovascular Prevention: Novel Strategies for Risk Reduction and Early Intervention		Moderator: Nisha Hosadurg MD
8:50AM-9:00AM	<i>"Personalizing Prevention: Leveraging Sex-Specific Risk Assessment in Women's Cardiovascular Care"</i>	Gina Lundberg, MD
9:00AM-9:10AM	<i>"Plaque, Prevention, and Precision: Contemporary Lipid Management in Women"</i>	Todd Villines, MD
9:10AM-9:20AM	<i>"Social Determinants of Health and Cardiovascular Risk in Women: A Call for Equity"</i>	Arnethea Sutton, PhD
9:20AM-9:35AM	<i>Session One: Question and Answer Panel</i>	
9:35AM-9:55AM	NETWORKING BREAK/VISIT EXHIBITORS	
SESSION TWO: CardioObstetric: Managing Cardiovascular Health During Pregnancy		Moderators: Jennifer Choffel, RN Erin Tennyson, AG-ACNP
9:55AM-10:05AM	<i>"Risk Stratification and Pregnancy Planning in Women with Cardiovascular Disease"</i>	Garima Sharma, MD
10:05AM-10:15AM	<i>"Hypertensive Disorders of Pregnancy and Long-Term Cardiovascular Risk"</i>	Agnes Koczo, MD
10:15AM-10:25AM	<i>"Multidisciplinary Approach to High-Risk Pregnancies: The Role of Maternal-Fetal Medicine and Cardiology."</i>	Christopher Ennen, MD
10:25AM-10:40AM	<i>Session Two: Question and Answer Panel</i>	
10:40-11:00AM	NETWORKING BREAK/VISIT EXHIBITORS	
SESSION THREE: Unraveling the Mysteries of NOCAs		Moderator: Nisha Hosadurg MD
11:00AM- 11:10AM	<i>"Insights from Physiology and Microvascular Function"</i>	Jonathan Lindner, MD
11:10AM-11:20AM	<i>"The NOCAs and Beyond: Diagnostic Challenges and Evolving Therapies."</i>	Patricia Rodriguez- Lozano, MD, MS
11:20AM-11:30AM	<i>"Decoding Ischemia: The Role of Coronary Functional Testing in Non-Obstructive CAD."</i>	Olga Toleva, MD
11:30AM-11:45AM	<i>Session Three Question and Answer Panel</i>	
11:45AM- 12:45PM	LUNCH(Provided)/ VISIT EXHIBITORS	

PROGRAM AGENDA

Afternoon Sessions

Time	Session	Speaker/Moderators
SESSION FOUR: SCAD New Insights About This Not-So-Rare Condition		Moderator: Patricia Rodriguez-Lozano, MD, MS
12:45PM-12:55PM	<i>"Diagnosing and Managing SCAD: Best Practices and Evolving Strategies"</i>	Angela Taylor MD,MS, MBA
12:55PM-1:05PM	<i>"SCAD: Bridging Knowledge Gaps and Research Priorities"</i>	Esther Kim, MD
1:05PM-1:15PM	<i>"SCAD and Fibromuscular Dysplasia: Exploring the Overlap."</i>	Randy Ramcharitar, MD
1:15PM-1:30PM	<i>Session Four: Question and Answer Panel</i>	
SESSION FIVE: Sex Differences in Heart Failure		Moderator: Kristy Perry, PharmD
1:30PM-1:40PM	<i>"Heart Failure with Preserved Ejection Fraction (HFpEF): Why Women Are at Greater Risk"</i>	Mohammed Abuannadi, MD
1:40PM-1:50PM	<i>"Postpartum Cardiomyopathy: Understanding Risk, Diagnosis, and Long-Term Outcomes"</i>	Steven Philips MD,MS
1:50PM-2:00PM	<i>"Cardio-Oncology and Heart Failure: Managing Women at the Intersection of Cancer and Cardiovascular Disease"</i>	Ana Barac, MD
2:00PM-2:15PM	<i>Session Five: Question and Answer Panel</i>	
2:15PM-2:35PM	NETWORKING BREAK/VISIT EXHIBITORS	
SESSION SIX: Sex Differences in Valvular and Vascular Disease		Moderator: Leora Yarboro, MD
2:35PM-2:45PM	<i>Sex Differences in Valvular Disease: From aortic stenosis to mitral valve prolapse."</i>	Mohamed Morsy, MD
2:45PM-2:55PM	<i>"Aortic Disease in Young Women: Unique Risks and Management Strategies"</i>	Jared Beller, MD
2:55PM-3:05PM	<i>"PAD in Women: Why Outcomes Lag Behind"</i>	Merry Ellen Barnett, MD
3:05PM-3:20PM	<i>Session Six Question and Answer Panel</i>	
SESSION SEVEN : Closing the Gap: Women's Visibility in Cardiovascular Trials and Industry Perspectives		Moderator: Antonio Abbate, MD
3:20PM-3:30PM	<i>"The Gender Gap in Cardiovascular Clinical Trials: Where Are We Now?"</i>	Nosheen Reza, MD
3:30PM-3:40PM	<i>"Translating Research into Practice: Why Women's Inclusion in Trials Matters for Clinical Care"</i>	Pamela Douglas, MD
3:40PM-3:50PM	<i>"Research Funding that Addresses the Unique Needs of Women's Cardiovascular Health"</i>	Tracy Wang, MD, MHS, MSc, FACC
3:50PM-4:05PM	<i>Session Seven Question and Answer Panel</i>	
4:05PM-4:15PM	Conference Wrap Up	Patricia Rodriguez-Lozano, MD, MS Angela Taylor MD,MS, MBA Leora Yarboro, MD
4:15PM-5:15PM	Networking Reception	

VISITING FACULTY

Ana Barac, MD, PhD, FACC, FAHA

Inova Schar Cancer and Inova Schar Heart and Vascular's D'Aniello Chair, Cardio-Oncology Medical Director of the Cardio-Oncology Program INOVA
Fairfax, Virginia

Pamela Douglas, MD

Ursula Geller Distinguished Professor of Research in Cardiovascular Diseases
Professor of Medicine
Member in the Duke Clinical Research Institute
Durham, North Carolina

Esther Kim, MD

Director of the Center for Women's Cardiovascular Health at Atrium Health Sanger Heart and Vascular Institute
Charlotte, North Carolina

Agnes Koczo, MD

Assistant Professor of Medicine, Division of Cardiology
Magee-Women's Research Institute & Foundation
Hospital of the University of Pennsylvania
Philadelphia, Pennsylvania

Gina Lundberg, MD

Clinical Director of the Emory Women's Cardiovascular Health Center
Professor of Medicine at Emory University
Emory Healthcare
Marietta, Georgia

Nosheen Reza, MD

Director, Penn Women in Cardiology Program
Assistant Program Director, Cardiovascular Disease Fellowship Program
Assistant Professor of Medicine, Cardiovascular Medicine
Hospital of the University of Pennsylvania
Philadelphia, Pennsylvania

Garima Sharma, MD

Director of Women's Cardiovascular Health, Director of the Cardio-Obstetrics Program – a collaboration between Inova Schar Heart and Vascular and Inova Women's
Director of the Inova Preventive Cardiology Program
INOVA
Fairfax, Virginia

Arnethea Sutton, PhD

Assistant Professor
VCU Massey Comprehensive Cancer Center
Virginia Commonwealth University
Richmond, Virginia

Olga Toleva, MD, MPH, CCFP, FRCP

Georgia Heart Institute
Interventional Cardiologist
Gainesville, Georgia

Tracy Wang, MD, MHS, MSc, FACC

PCORI Chief Officer for Comparative Clinical Effectiveness
(Patient Centered- Outcomes Research Institute)
Clinical Professor Stanford University School of Medicine
Durham, North Carolina

PLANNING COMMITTEE MEMBERS

* Denotes Course Directors

Patricia Rodriguez-Lozano MD, MS*

Assistant Professor of Medicine and Radiology
Director of UVA Health Women's Heart Care
Associate Program Director, Cardiovascular Disease Fellowship
Program Co-Director iDRIV (Inspiring Diverse Researchers in Virginia)

Angela Taylor MD,MS, MBA*

Physician Lead Quality and Strategy, Heart and Vascular Service Line
Interventional Cardiology

Leora Yarboro, MD*

Cardiac Surgery

Jennifer Choffel, AGACNP-BC

UVA Cardiology Women's Health Care

Alicia Gower, BSN

UVA Heart & Vascular

Amy Leake, M.Ed.

CE Program Manager

UVA FACULTY

Antonio Abbate, MD

Ruth C. Heede Professor of Cardiology
General Cardiology

Mohammed Abuannadi, MD

Associate Professor of Medicine
Advanced Heart Failure and Transplant Cardiology
Medical Director, Advanced Heart Failure and Transplant Cardiology

Merry Ellen Barnett, MD

Assistant Professor of Medicine
Vascular Medicine

Jared Beller, MD

Cardiac Surgery

Christopher Ennen, MD

Assistant Professor of Medicine
Maternal and Fetal Medicine

Nisha Hosadurg, MD

Assistant Professor,
Cardiology

Jonathan Lindner, MD

Frances Myers Ball Professorship in Cardiology
Vice Chief for Research,
Cardiovascular Division General Cardiology
Director, Advanced Cardiovascular Imaging Fellowship Program

Mohamed Morsy, MD

Associate Professor of Medicine
General Cardiology

Kristy Perry, PharmD, BCACP

Cardiology, Ambulatory Clinical Pharmacist

Steven Philips MD,MS

Assistant Professor of Medicine,
Advanced Heart Failure and Transplant Cardiology

Randy Ramcharitar, MD

Assistant Professor of Medicine
Vascular Medicine

Erin L Tennyson, AG-ACNP

Women's Heart Health Care

Todd Vilines, MD

Professor of Medicine
Cardiovascular
Imaging/General Cardiology

ACCREDITATION AND DESIGNATION STATEMENT



In support of improving patient care, UVA Health Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians

UVA Health Continuing Education designates this live activity for a maximum of **6 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses

UVA Health Continuing Education awards up to **6 contact hour(s)** for nurses who participate in this educational activity and complete the post activity evaluation.

Hours of Participation

UVA Health Continuing Education awards **6 hours of participation** (consistent with the designated number of *AMA PRA Category 1 Credit(s)™* or ANCC contact hours) to a participant who successfully completes this educational activity. UVA Health Continuing Education maintains a record of participation for six (6) years.

REGISTRATION



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PLEASE NOTE: Our conference website has policies on cancellation, payment methods, and accommodation requests.

	<i>Rates</i>
Physicians	\$250.00
Non- MD	\$150.00
Fellows/Residents/Students	\$80.00

UVA HR Education Benefits

<https://hr.virginia.edu/career-development/education-benefits-1>

LOCATION & PARKING

This course will be held at the UVA Student Health & Wellness Center. Located at 550 Brandon Avenue, in Charlottesville, VA. Parking will be available for attendees at the Student Health and Wellness Center Parking Garage.

▶ CONTACT INFO

Amy Leake, Program Manager,
Office of Continuing Medical
Education
al9u@uvahealth.org